

SELF DEVELOPMENT

SKILLS, VALUES, & INTERESTS

HINT: Use this to help you brainstorm for your Career Action Plan

Things I am interested in: Choose from the examples or write your own.

Health & supporting roles	Community Services	Building & Construction	Engineering & Manufacturing	Environment & clean energy	Transport & Logistics	Technology & Digital	Agriculture & Horticulture
Optometrist Occupational Therapist Patient transport	Educating Children Caring for people Community Events	Tradie Building Inspector Machine operator	Welder Fabricator Designing towns & cities	Wind Turbine Technician Solar Energy Sales Project Manager	Fixing trucks Emergency call operator Coordinating drivers	Hacking and fixing Website design AI, programming and data science	Running my own farm Drone operator Sustainable farming practices
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From one of your selected interests above, pick three qualities from each list to fill the blanks down below:

- | ATTRIBUTES | SKILLS | INTERESTS | VALUES |
|---|--|---|---|
| <ul style="list-style-type: none"> Loyal Friendly Hardworking Honest Fit Efficient Studious Creative Well presented Quick learner Punctual Well organised | <ul style="list-style-type: none"> Technology IT Social Media Communication Attention to detail Strategy Problem solving Team work Task allocation Administration Leadership Multilingual Initiative | <ul style="list-style-type: none"> Cars Machinery The outdoors Social media Reading Music Art Science Maths Dance Animals Coding Electronics | <ul style="list-style-type: none"> Helping others Hard work Honesty Work-life balance Fairness Justice Equality Human rights Friendship Lifelong learning Safety Commitment |

<input type="text"/>		<input type="text"/>
<input type="text"/>		<input type="text"/>
<input type="text"/>	ATTRIBUTES	<input type="text"/>
<input type="text"/>		<input type="text"/>
<input type="text"/>	INTERESTS	<input type="text"/>
<input type="text"/>		<input type="text"/>
<input type="text"/>	SKILLS	<input type="text"/>
<input type="text"/>		<input type="text"/>
<input type="text"/>	VALUES	<input type="text"/>
<input type="text"/>		<input type="text"/>

Subjects I might choose:

<input type="text"/>	<input type="text"/>	<input type="text"/>
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VCCF Outcome 9.1 - Understand how individual characteristics such as interests, skills, values, beliefs and attributes contribute to achieving personal, social, educational and professional goals